

Personal Vision & Professional Goals

Amber Krenske

Personal Vision: “Roadmap to the Future”

My personal vision is to lead a life that is filled with happiness and that brings happiness to those around me. I want to maintain strong relationships with my friends and family by practicing a lifestyle that expresses how important they are to me. I want to begin building a family of my own with marriage, pets, and eventually, children.

Within my community, I will become a respected, young professional. I want to be an advocate and positive influence for those around me to partake in a healthy, suitable lifestyle for them. I will lead by example by demonstrating balance of working on career goals, personal relationships/family, personal hobbies, as well as remaining physically fit. I want to become a physical therapist within the community that patients enjoy visiting because they see the value in the tools and wisdom I provide for them. I want my patients to understand that my professional relationship with them is important to me and that I am doing everything within my power to help them.

Professional Goals:

My professional goals have most certainly evolved over the last 5 years. Previously, the goal was always to get into PT school, succeed once I get there, and then proceed to become a practicing PT. Now that I have accomplished a portion of that goal, the focus shifts to how to make myself the best clinician that I can be. Professional goals include...

1. Be an advocate within my community for the physical therapy profession by clarifying what our profession really entails, how we can improve quality of life, and to increase awareness of the capabilities that a physical therapist has to help our community members.
2. Be a competent, respected PT within my community. To do this, I will continue working on my professional practice by completing relevant continuing education that will provide new tools or refine the tools I currently have to provide more optimal care. I will strive to make every patient encounter positive and will do everything in my power to facilitate the patient in reaching their individual, valued goals. I will demonstrate confidence and be proficient in knowing when to pass on a referral to those who may have more knowledge in a particular area.
3. Be passionate about going to work more often than not. I want to enjoy the company I work for, the people I work with, and the people I am lucky enough to help. Truly enjoying the company/facility as well as the people at my worksite is important to me because it sets the tone and attitude for every day. If the majority of work is not enjoyable, the negativity may gravitate to other parts of my life and affect personal relationships and motivation.